

Testimonials – Coaching Skills Courses Abundance versus Lack

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Structure

This document contains testimonials from participants from the various offerings of this course. (No names or identifying information is included.) Of course, testimonials are almost always focused on the positive. If you are also interested in discussing the lessons learned from this course, please contact Noel Posus through the contact information at the end of the document.

Feedback

I think its both helpful professionally and personally as in becoming aware of my own and other peoples' language and how it can reflect where they are at. You know how important it is but you tend to forget from time to time so its good to be reminded. It can as you say also give you guidance around what to explore with the client.

It was relevant and useful on both personal and professional fronts. Personally it makes me more aware of how I use language that may or may not be supportive of me. In a lot of instances I am not always cognisant of some of the language I use and also the personal judgements I might apply to not only my language but the language used by others. Professionally, it'll help me raise my client's awareness and I know I can ask permission to do so when I feel it is in the service of the client.

Personally as it gave me an opportunity to note and consider altering my use and understanding of the word distinctions presented from the position of abundance and lack.

Professionally as I saw clearly that an individual will use a word to describe a particular state of being which may or may not be in accordance with my use. It's my role to make sure that the client's meaning of words/phrases used within this abundance/lack model is clear to both myself and the client and that I present no judgement on his/her choice of words used on any part of the continuum

Personally and professionally I found benefits in exploring the four distinctions and how they can serve as a framework in discussing client belief systems and stuck points and can act as a reference point in my personal and professional use of language.

I began the class expecting to be 'shocked' out of my mind set which I thought was more 'lack' focused and realised that I'm not that much of a 'lack' person after all and that a shift has already been made. Fine tuning- lots of fine tuning – required- but I'm looking forward to that.

Contacts

To discuss your needs, please contact Noel Posus, Director and Master Coach for Incredible Awareness.

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