

## Testimonials – Coaching Skills Courses Wheel of Life Fundamentals

ID-COACHINGSKILLSWHEELOFLIFEFUNDAMENTALS20080401

### Structure

This document contains testimonials from participants from the various offerings of this course. (No names or identifying information is included.) Of course, testimonials are almost always focused on the positive. If you are also interested in discussing the lessons learned from this course, please contact Noel Posus through the contact information at the end of the document.

### Feedback

I thought the teleclass was excellent. I really enjoyed the 'hands on effect' of actually going through the Wheel of Life and the Passes, particularly at the speed we attacked them at.

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1. Very useful coaching tool to gain clarity and awareness of the whole life view for the client.
  2. Very useful self discovery and development tool – mastery of self.
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It was relevant to me personally, but that would be the case for anyone, I was just excited at how many positives I had. Professionally I think its an absolutely fantastic tool – knew that before but hadn't really moved into how flexible it is.

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By attending this teleclass I have broadened my understanding and my ability to use the tool with clients. It also confirmed for me that how I had been using it with my clients to date was appropriate and helpful. I found it encouraging that the modifications and adaptations I had made in its usage were relevant and beneficial.

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Great explanation of the wheel of life and how to use it within coaching situations and for my own personal development. It will enable me to:

- o assess various components of both my clients and my own life
  - o establish both a strong action plan for coaching and development from such an assessment, and
  - o have a good tool to measure the growth and progress of both coaching and self development
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I find the course materials to be inspiring and incredibly adaptable which I think is the beauty of it. I'm looking forward to seeing what I can do with it and how it will help others and how they can use it.

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I found the teleclass timely and relevant. I have read the material on the wheel and adapted this material but with the understanding achieved through the teleclass I feel that I have a myriad of ways to use it now. There are a number of clients who I have just started working with and I will now use the more extensive version of the wheel with them.

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## Contacts

To discuss your needs, please contact Noel Posus, Director and Master Coach for Incredible Awareness.

Noel Posus

E: [noel@incredibleawareness.com](mailto:noel@incredibleawareness.com)

W: [www.incredibleawareness.com](http://www.incredibleawareness.com)

M: 0416 006 476

*(or if calling from outside Australia, dial +61 416 006 476)*