

Testimonials – Learning Programmes Effective Communication

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Structure

This document contains testimonials from participants from the various offerings of this category of learning programmes. (No names or identifying information is included.) It is also important to note that these comments come from a variety of programmes, and not just one design or event.

Of course, testimonials are almost always focused on the positive. If you are also interested in discussing the lessons learned from these programmes, please contact Noel Posus through the contact information at the end of the document.

Feedback

I always thought I was a good communicator, and by most measures I am. However, I hadn't ever realised what a difference it could make if I was focused equally or more on the relationship than I was about the content or the process. This has been a huge eye-opener for me.

Understanding the “perceptual positions” and how they relate to effective communication has really changed me. I am now acutely aware of when I'm communicating from my own need, or focused on someone else's or better yet, when I'm focused on “our” needs. This is going to take some practice to see some long term results, but my short term field work exercises so far have proved that this change was necessary. Some people have told me that they finally believe I'm listening to them and that for once, I'm letting them know I care. This made a huge difference to them, and I'm sure you can imagine how it's knocked me about. All good.

I feel I now have a whole new toolbox of communication tools and they're working far and above better than anything I've tried in the past. I think the biggest difference hasn't necessarily been the tools. It's been me. I've changed. And as scary as change is sometimes, I'm actually enjoying this one.

Another knockout course, Noel! Once again, just when I thought I was getting me head around the last epiphany I had, you go and inspire a few more for me to deal with! I think I might just be becoming that thing you warned us about – an epiphany junkie. Cool, I can handle that. Thanks Noel.

Finally, I have the “right” set of tools to be a more effective leader and to be able to communicate and “connect” with my team better. It’s going to take me, and then I’d think, some time to get used to these changes, but I have every confidence in the world that this change has been needed for a while and is going to be welcomed. I still have a few limiting beliefs bouncing around in my head, so I’m also grateful to have you as my coach to help me deal with these as they come up.

I’m just amazed at how you can draw three circles on the board and with that one diagram, inspire such a massive change in me.

Contacts

To discuss your needs, please contact Noel Posus, Director and Master Coach for Incredible Awareness.

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