

Sarah brings to coaching a wealth of professional expertise and life experience. She is the author of several highly regarded coaching programs including *The Patient Coach*, *Beyond the Courtroom and Reboarding*, and co-author of the soon to be published book, *The Wheels of Life*.

Sarah is a sought-after international speaker and lecturer and has been actively involved in educating and raising the professional standards of life coaching.

Born and educated in the UK, Sarah worked in finance, design and gemmology after graduating from Cambridge University. Her personal battle with a potentially debilitating illness led her to further study in the areas of psychotherapy, counselling, coaching and related fields of personal development.

In 2002 Sarah moved to Australia and made the life-changing decision to concentrate exclusively on coaching, sharing her gift for helping with her many private clients while also committing 10 per cent of her coaching hours to pro bono work.

Today, Sarah Hue-Williams and business partner Noel Posus are the co-directors of Incredible Awareness, an international coaching organisation dedicated to providing affordable and accessible life coaching through www.askacoach.com.



- o Australasian Leader and Accredited Practitioner Coach – European Coaching Institute (ECI)
- o Member – International Coach Federation (ICF)
- o Member - Australian Life Coaching Society (ALCS)
- o Certified Practitioner Coach – Noble Manhattan Coach Training, UK
- o Certificate in Life Coaching (High Distinction) – New Insights Coaching, UK/Australia
- o Cert IV Life Coach, with additional Health & Fitness Coaching, and Business Coaching speciality streams) – Life Coaching Institute of Australia (LCIA)
- o Psychotherapy & Counselling Certificate – Regents College, London
- o International Keynote Speaker, Lecturer & Workshop Presenter
- o Coach educator and mentor
- o Designer/writer of coaching programmes and solutions including *The Patient Coach*, *Beyond the Courtroom and Reboarding*
- o Published Author – Numerous articles and publications including *Christie's Guide to Jewellery* and co-author of the upcoming book, *The Wheels of Life*